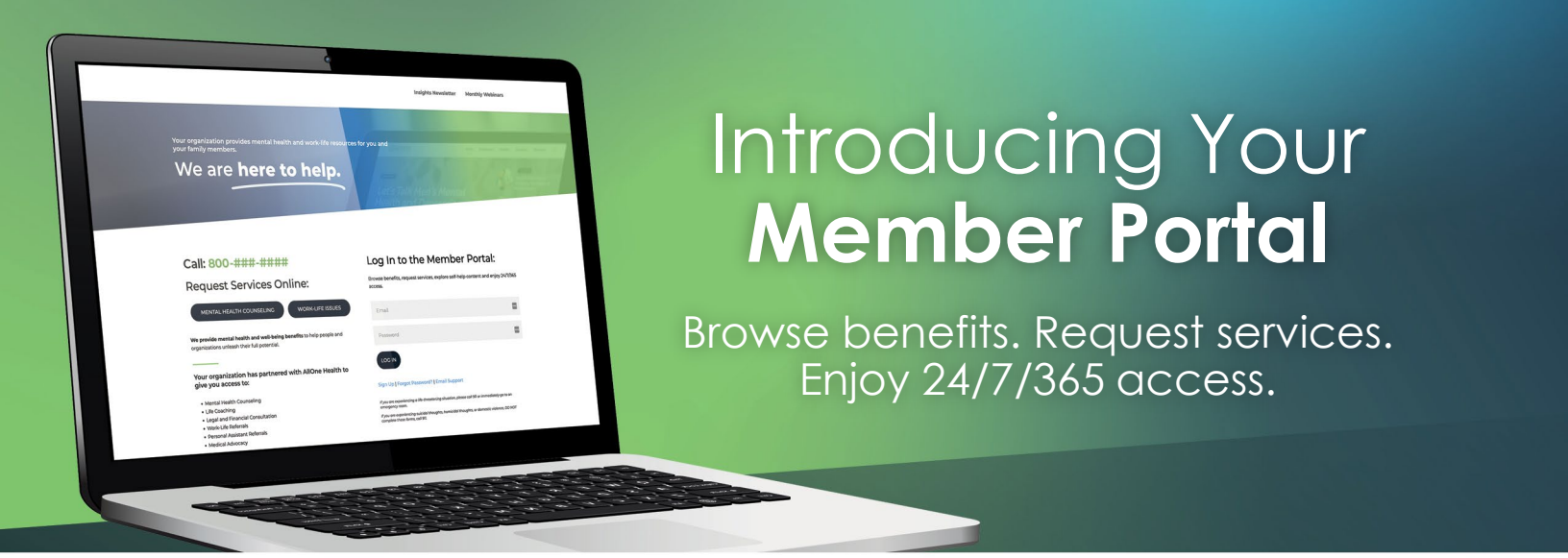


Introducing Your **Member Portal**

Browse benefits. Request services.
Enjoy 24/7/365 access.

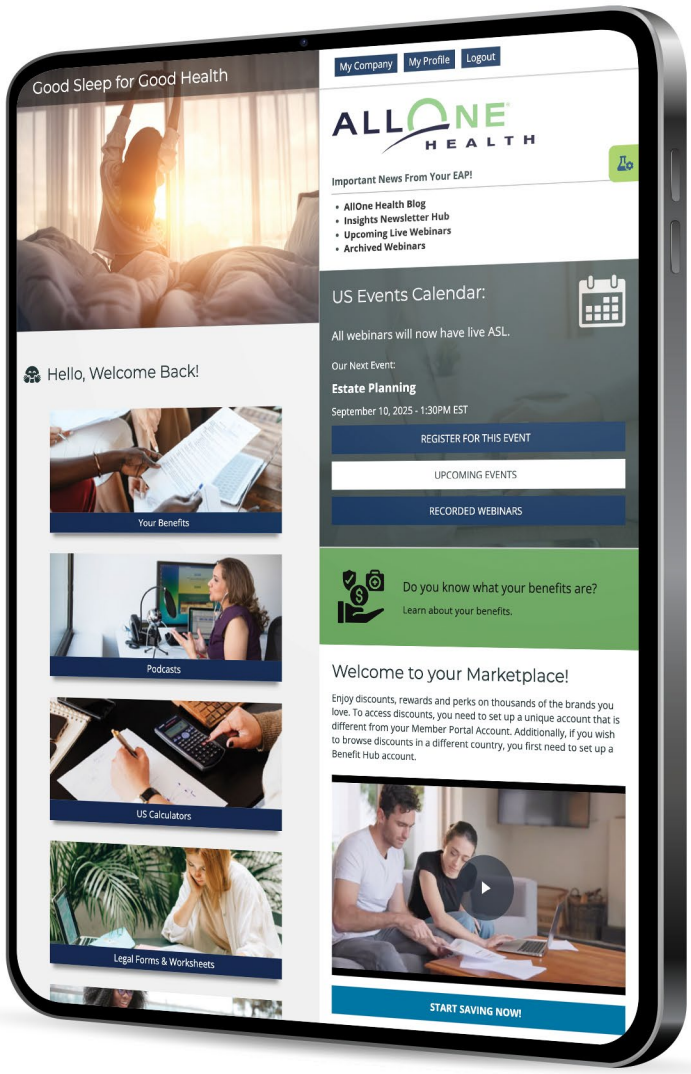
Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress and make life easier—all easily accessible through your member portal.

Request a Mental Health Session
Request counseling by submitting an online form or live chat. Choose from in-person or virtual counseling options to meet your needs.

Request Referrals & Resources
Submit a request for family care and lifestyle support including childcare and eldercare referrals, legal referrals and financial consultation, personal assistant referrals and medical advocacy consultation.

Explore Thousands of Self-Care Articles & Resources
Health and lifestyle assessments, interactive checklists, soft skills courses, podcasts, resource locators, exclusive discounts, and expansive articles on whole health and well-being.

Visit Your Online Financial Center
Featuring worksheets, calculators, and a wide range of financial resources and tools to help reach personal goals and build financial wellness.



Getting Started Is Easy

1. Visit your member portal and click on "Sign Up" below the login form
2. To create an account and sign in, enter your email address and use your access code listed below.
3. For login assistance, select "Email Support"

** You can always call to access services, without needing to create an account or log in to the portal.*

Call: 800-451-1834

Visit: AllOneHealth.com/portal

Member Portal and App Code: 56ER9

ALLONE HEALTH